



LOST & FOUND[®]

2023

ANNUAL REPORT

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Creating Systems of Resilience

Great challenges bring great rewards in 2023

don't think I ever suspected how challenging and rewarding 2023 would be for Lost&Found.

Like many nonprofits in South Dakota and around the country, Lost&Found adapted to serve its community during the COVID-19 pandemic and in the years that followed. With a new understanding and appreciation for mental health needs and suicide risk in our state, new resources were granted, and new partnerships were formed to meet the still rising needs of youth and young adults in our state. That, more than anything else, was reason to give any South Dakotan hope—that organizations like Lost&Found and many others were working together with new purpose for a common vision.

Despite sustained high demand for services and needs of young adults, Lost&Found found itself starting 2023 fighting not just for the lives of South Dakotans we served, but our own organization's life. Several funding sources began to expire given their attachment to federal COVID-19 emergency declarations. At the same time, suicide continued to rise and remains the leading cause of death for South Dakotans under the age of 29. We could not wait for another federal grant cycle to arrive to save lives.

So we went back to our favorite phrase, "doing more to prevent suicide," and we did more than we ever thought we could.

We brought a bill to the South Dakota Legislature to fund youth and young adult suicide prevention. We doubled-down on making peer mentorship accessible to college-aged students

through a mobile application. We connected suicide loss survivors to resources and care at unprecedented levels. We tripled the number of people we served through community education. And we revised our approach once more—to make sure we're meeting the challenge of suicide.

What was the result? A great reward for great challenge.

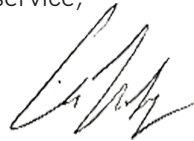
The South Dakota Legislature passed a one-time funding bill, House Bill 1079, that provides \$2 million for youth and young adult suicide prevention. As of this writing, Lost&Found has successfully piloted ReachU with student mentors at two universities in South Dakota, preparing for statewide implementation. We've created new resources for suicide loss survivors and are preparing to provide services to Medicaid recipients through our licensed Community Health Workers. Educational resources are abundantly available at Lost&Found, and there's still more to celebrate—especially with a new strategic plan.

Whether Lost&Found is serving in South Dakota or in Southeast Asia—as we did in 2023—now is always the time to make suicide prevention a priority for our next generation. We were founded on the vision that no youth and young adult should ever die by suicide, and we stand by that commitment.

Until we've "done more"—done all we can—to make that world a reality, no challenge can stand in the way of this critical, life-saving work. And you make that possible.

Thank you for making life-saving work possible. Because of you, we can do more to prevent suicide.

In service,



Erik Muckey

Executive Director, Lost&Found

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2023 STAFF MEMBERS



Erik Muckey
Executive Director/
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Sioux Falls, SD



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CDO/Director of
Development
Sioux Falls, SD



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Director of IT/CTO
Maple Grove, MN



Heidi Marttila-Losure
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Communications
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Gesine Ziebarth, PhD
Research & Evaluation
Manager
Sioux Falls, SD



Cody Ingle
Senior Research &
Evaluation Specialist
Sioux Falls, SD



Christina Johnson
Community Prevention
Advisor
Vermillion, SD



Carrie Jorgensen
Student Programs
Manager
Brookings, SD



Dakotah Jordan
Education &
Postvention Manager
Sioux Falls, SD



Joel Kaskinen
Community Engagement
Manager
Sioux Falls, SD



Corey Kennedy
Senior Community
Prevention Advisor
Sturgis, SD



Anna Stone
SDSU Program
Associate
Brookings, SD



2023 Highlights

BOARD & STAFF

RECOGNITION

STUDENT PROGRAMS

JAN-MAR

Lost&Found's board and staff adjust their approach in response to new Centers for Disease Control (CDC) guidance on suicide prevention.

The 2022 Priority Strategies Outcomes Report from the South Dakota Suicide Prevention Workgroup includes a statement of the impact created by Lost&Found's Campus Resilience Index and Peer2Peer Mentorship program.

Lost&Found establishes a new campus chapter at the University of Minnesota - Twin Cities.

Thirteen people attend a Black Hills State University Career Development mentor program training.

Lost&Found's Survivors Joining for Hope (SJ4H) program receives highlighted recognition from Sioux Falls media outlets.

Corey Kennedy leads a Crucial Conversation training for 32 Black Hills State University residence life students.

Fifteen people attend a game night for Peer2Peer mentors at Western Dakota Tech.

APR-JUN

Erin Bosch joins Lost&Found as Director of Development in June, focused on development of funds, partnerships, and people.

Erik Muckey and Carrie Jorgensen provide insights into the mental healthcare shortage in South Dakota and how the peer support program Lost&Found offers to college students is bridging the gap in a South Dakota Searchlight article.

Students who participated in Lost&Found chapters and programs are recognized at events at Augustana University, Dakota Wesleyan University, the University of South Dakota and Black Hills State University in April.

Cody Ingle completes his Master's in Public Health from the University of North Dakota in May and is promoted to Senior Research & Evaluation Specialist in June.

Midco Sports features the Longball 22 Tournament and its support of Lost&Found in a story about how the family and friends of Ben Longley are "using the game of golf to turn their personal tragedy into a story of hope."

Corey Kennedy greets students at orientation/registration events at Black Hills State University and Western Dakota Tech in June.

Lost&Found hosts Benny Prawira and Sean Thum, professional fellows from the Young Southeast Asian Leadership Initiative (YSEALI) program of the United States State Department, for three weeks in May.

Lost&Found board member and student leader Julia Radtke is one of five Covenant Award recipients at Augustana University.

Corey Kennedy takes part in a LGBTQIA2+ Panel conversation, presenting information on suicide rates and Lost&Found support programming.

Chief Operating Officer Susan Kroger transitions into a new role as Grants Administrator for Lost&Found in July.

JUL-SEP

Genaveve Thomson joins Lost&Found as a part-time Program Associate.

CEO Erik Muckey is recognized as a "4 Under 40" recipient by the Sioux Falls Area Chamber of Commerce.

Senior Prevention Specialist Corey Kennedy trains 26 Black Hills State University staff and faculty members over two days on topics related to student mental health.

Dakotah Jordan is promoted to Education & Advocacy Manager, also continuing to oversee Lost&Found's Survivors Joining for Hope program.

Lost&Found is selected as one of two Bush Prize recipients in the state of South Dakota, receiving \$185,000 in unrestricted funds in recognition of innovative nonprofit efforts.

Lost&Found attended Student Organization Fairs across SD during the first week of classes to help welcome students to campus.

Senior Prevention Specialist Carrie Jorgensen takes over management of Lost&Found student programs.

Christina Johnson joins the Lost&Found staff as a Community Prevention Advisor, serving southeast South Dakota.

Dr. Anne Kelly steps down from Board Chair role after four years of service. Nick Maddock begins service as Interim Chair.

OCT-DEC

Brad Hearst is elected as Lost&Found's new Board Chair, serving a three-year term. Jerry Cook is elected as Vice Chair.

CEO Erik Muckey is selected for YSEALI Reciprocal Exchange program through the US Department of State, traveling to Indonesia and Malaysia to present suicide prevention training over 10 days in November.

In October, more than 135 students participated in Lost&Found Campus Chapters events and outreach.

In November, more than 130 meetings occurred between mentors and mentees.

2023 Highlights

	RESEARCH & EVALUATION SERVICES	EDUCATION & ADVOCACY	POSTVENTION	FUND DEVELOPMENT
JAN-MAR	<p>A mental health needs assessment that Lost&Found worked on in collaboration with other area nonprofits finds barriers to mental health care in Sioux Falls.</p> <p>Gesine Ziebarth and Cody Ingle attend the National Association of Social Workers of South Dakota conference in Sioux Falls in March and do a presentation on "Developing an Evaluative Mindset."</p>	<p>House Bill 1079 is signed by Gov. Kristi Noem on March 23 after passing through the House Health & Human Services Committee, the Joint Appropriations Committee, the House, and the Senate over the course of the legislative session. HB1079 sets aside \$2 million for the South Dakota Department of Health to use for youth and young adult suicide prevention support programs.</p> <p>Corey Kennedy gives a presentation on resilience to 130 sixth-grade through 12th-grade students and 18 staff members in Newell, S.D.</p>	<p>Lost&Found's Survivors Joining for Hope program supports 13 families September 2023 through January 2024, matching nearly three years' worth of support compared to the rate from previous years.</p>	<p>Lost&Found's Pet & Stretch event at Lakes & Legends in Minneapolis on Jan. 26, which included a "pet the stress away" puppy party, draws nearly 200 people.</p>
APR-JUN	<p>Gesine Ziebarth travels to Atlanta with Jill Baker, CEO of Community Action for Veterans, for a reverse-site visit at the Centers for Disease Control Foundation to share lessons learned from their project adapting Lost&Found's Peer Mentorship Program to the needs of student veterans.</p> <p>Cody Ingle and Gesine Ziebarth travel to Atlanta to attend the Adolescent Pregnancy Prevention Grantee Conference and with partners present a poster titled "(Re-)Connecting with your Roots to Bravely Face the Future."</p> <p>Lost&Found begins partnership supporting the efforts of the Transformation Project, starting a survey gathering information on LGBTQ+ health outcomes from individuals across South Dakota.</p>	<p>Corey Kennedy leads a training for staff members at Western Dakota Technical College on having conversations with students or staff struggling with mental health concerns.</p> <p>Erik Muckey speaks to students at the state FCCLA convention about "Navigating Your Mental Health."</p> <p>Erik Muckey speaks to participants of the South Dakota Community Foundation's Nonprofit Capacity Building program on June 28.</p> <p>Staff members have a presence at Pride events in Sioux Falls, Brookings, and Vermillion, sharing information about Lost&Found's programs and its Let's Talk About Mental Health Guide.</p> <p>Three new Lost&Found podcasts are released.</p>	<p>Dakotah Jordan gives a presentation about SJ4H at the AHEC Mission Possible conference.</p> <p>Dakotah Jordan becomes the leader of the organization's first Postvention department, overseeing both the SJ4H program and development of new postvention tools for campuses in response to the passage of HB 1079.</p>	<p>Lost&Found chapters host Run for Our Lives 5K fundraising events in Sioux Falls and Vermillion (a third in Mitchell is canceled due to weather).</p> <p>Lost&Found's SDSU chapter hosts a Zumbathon for Suicide Prevention.</p> <p>Lost&Found receives \$100,000 from the South Dakota Community Foundation as part of its Beyond Idea Grant (BIG) program to support the development of a mobile application.</p>
JUL-SEP	<p>Lost&Found renews partnership with Great Plains Tribal Leader's Health Board, supporting the STI-TPPI project across several tribal nations in the northern Plains states.</p>	<p>Staff members Corey Kennedy and Erik Muckey as well as supporter Sadie Swier share resources and make connections with about 500 people at Black Hills Pride July 8 in Rapid City.</p> <p>Dakotah Jordan and Carrie Jorgensen host Lost&Found's first school staff training at Garretson School District.</p> <p>The "Storytelling is Suicide Prevention: 30 Days, 30 Stories" project features stories from 30 people who have found hope in the face of mental health or suicide-related challenges.</p>	<p>Dakotah Jordan develops the region's first Campus Postvention Services Guide, which gives helpful context and tools to campuses needing suicide loss survivor policies and best practices.</p>	<p>The third-annual Ben's Longball22 Classic golf tournament, which honors Ben Longley's memory and raises funds for student-to-student mental health support, exceeded 2022 attendance.</p> <p>Lost&Found is selected by the South Dakota Department of Health as one of three recipients responding to Request for Proposals (RFPs) for HB 1079 funding.</p>
OCT-DEC	<p>Evaluation and Research Services begins its efforts to implement the Campus Resilience Index statewide, starting in western South Dakota.</p> <p>Development of the Workplace Resilience Index begins, adapting Centers for Disease Control indicators for suicide prevention to help organizations build mental health action plans.</p>	<p>Dakotah Jordan earns Question, Persuade, Refer (QPR) and Conversations on Access to Lethal Means (CALM) trainer certifications, offering new options for training in schools and communities.</p> <p>Carrie Jorgensen becomes a licensed Mental Health First Aid (MHFA) trainer, adding additional training options for Lost&Found community partners.</p>	<p>SJ4H is approved for Medicaid billing processes, a significant win for supporting low-to-moderate income families.</p> <p>The first campus in South Dakota begins applying postvention best practices in its student affairs policies.</p>	<p>Lost&Found receives Sioux Empire United Way funding for SJ4H.</p> <p>The third-annual Make Your Mark Gala doubles the attendance from 2022 and raises \$60,000.</p> <p>Lost&Found partners with Thrivent for Giving Tuesday fundraising events.</p>

New S.D. law supports suicide prevention programs

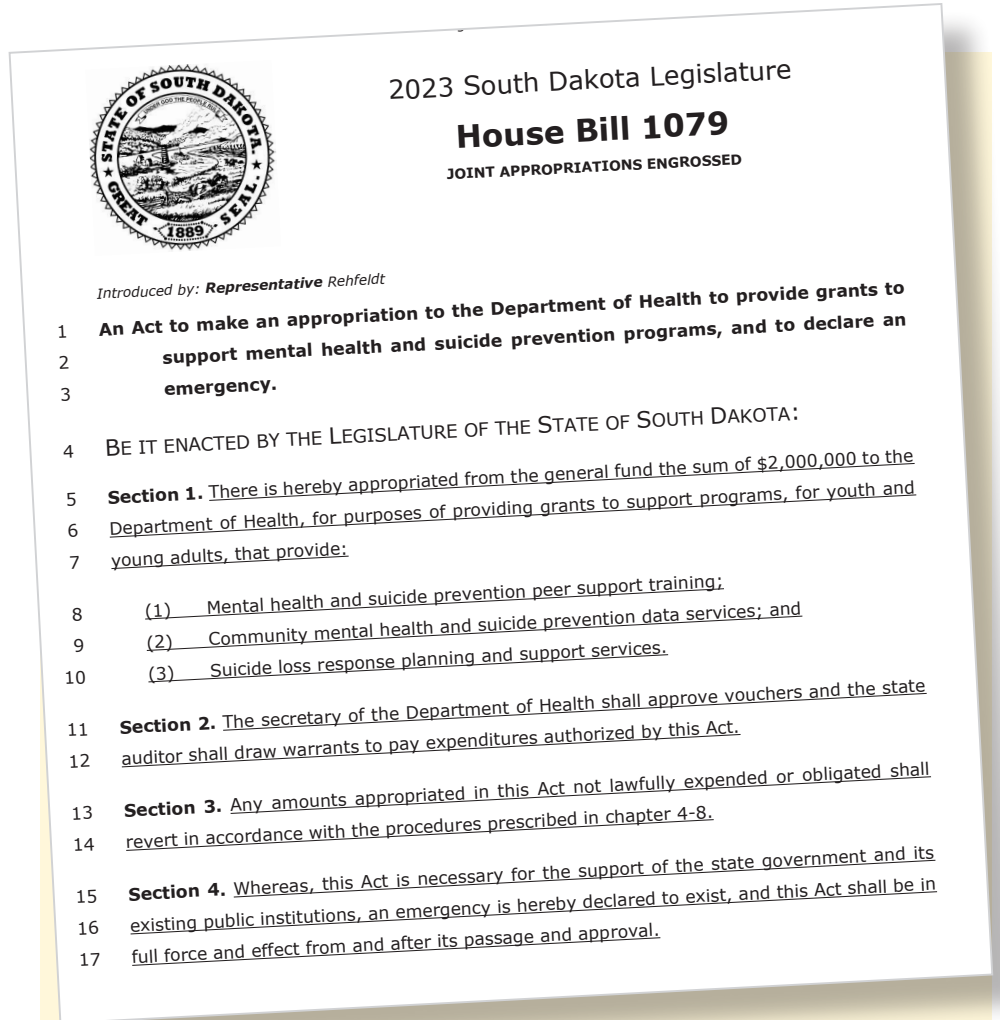
After a concerted effort by many people and organizations, including Lost&Found, a bill funding suicide prevention programs was signed into law by Gov. Kristi Noem on March 23, 2023, after passing through the House Health & Human Services Committee, the Joint Appropriations Committee, the House, and the Senate over the course of the 2023 legislative session.

"This is a fundamental shift in how South Dakota approaches suicide prevention and loss survivor support for our next generation," said Lost&Found CEO/ Executive Director Erik Muckey. "At a time when suicide is the leading cause of death for South Dakotans under the age of 29, the S.D. Legislature and Noem Administration overwhelmingly supported, passed, and signed a bill into law that directs state general funds to youth and young adult suicide prevention programs for the first time. This is groundbreaking and will change—and save—lives."

HB1079 set aside \$2 million for the South Dakota Department of Health to use for youth and young adult suicide prevention support programs. The funds are being used for mental health and suicide prevention peer support training in high schools and colleges, for community mental health and suicide prevention data services, and for suicide loss response planning and support services—all of which address strategies outlined in the 2020-2025 SD Suicide Prevention Plan.

The Department of Health selected vendors to support these objectives in August. Lost&Found is one of three organizations (along with Helpline Center and Mountain Plains Evaluation Services) that went through an application process and are now doing the work outlined in the new law.

The law addresses a funding need. The funding for some programs currently fulfilling the peer support objective was set to expire by June 2024. Before this law, there was no state funding source for data services or suicide loss response services for schools in South Dakota.



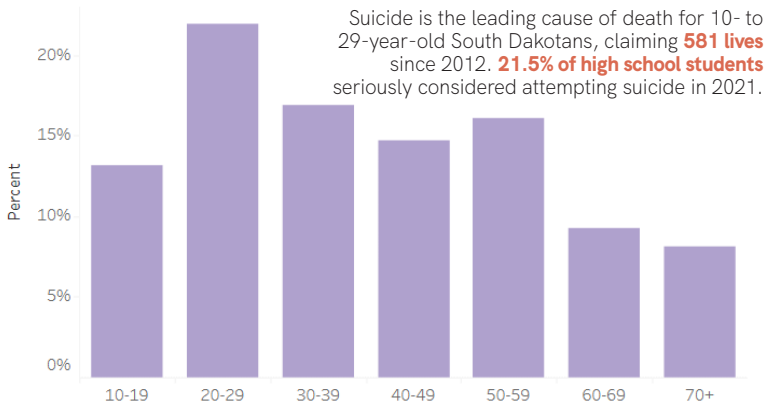
IMMEDIATE IMPACT - CAMPUS EFFORTS

After receiving funding from the Department of Health in August 2023, Lost&Found went to work immediately to meet statewide mental health and suicide prevention needs. As an organization that supports any and all students, as well as providing tools to administration, staff, and faculty, we focused on three things:

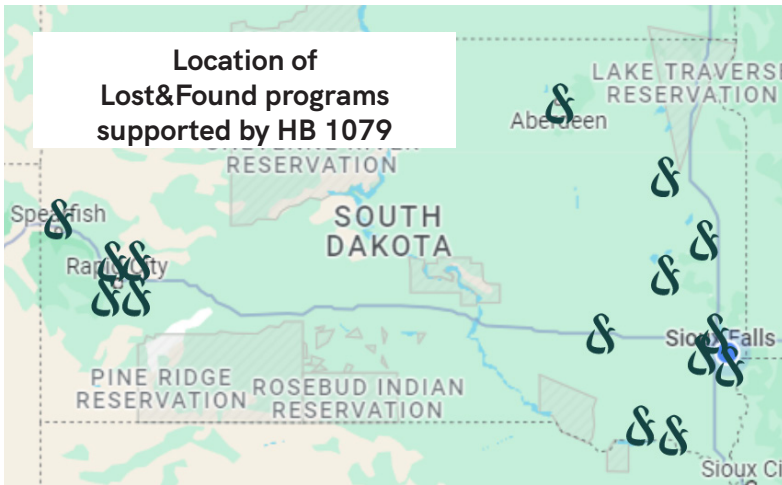
- **Peer2Peer Mentorship:** 1-on-1, non-clinical, peer mental health support designed to meet local needs
- **Campus Resilience Index:** Dashboards and recommendations built on aggregated suicide prevention data for colleges and universities
- **Suicide Loss Response Plans and Policies:** Guidance and consulting provided to campus administrators on best practices and policies for suicide loss response.

Since the passage of HB 1079, 14 institutions of higher education are adopting one or more of these programs with additional efforts in progress going into the 2024-25 academic year.

South Dakota Suicide Deaths by Age Group, 10-Year Trend (2013-2022)



Source: South Dakota Department of Health



Campus Partner	Peer2Peer	Chapters	Outreach	CRI	Postvention
Augustana University	■	■	□	□	□
Black Hills State University	■	■	■	■	□
BHSU – Rapid City	■	□	■	□	□
Dakota State University	□	□	□	□	■
Dakota Wesleyan University	□	■	□	□	□
Lake Area Technical College	□	□	□	■	□
Mount Marty University	□	□	■	■	□
Northern State University	□	□	□	■	■
SD School of Mines & Technology	■	□	■	■	■
South Dakota State University	■	■	■	■	□
SDSU – Rapid City	■	□	■	□	□
Southeast Technical College	□	□	□	■	■
University of South Dakota	■	■	■	□	□
University of SD - Sioux Falls	□	■	□	□	□
Western Dakota Technical College	■	□	□	□	□

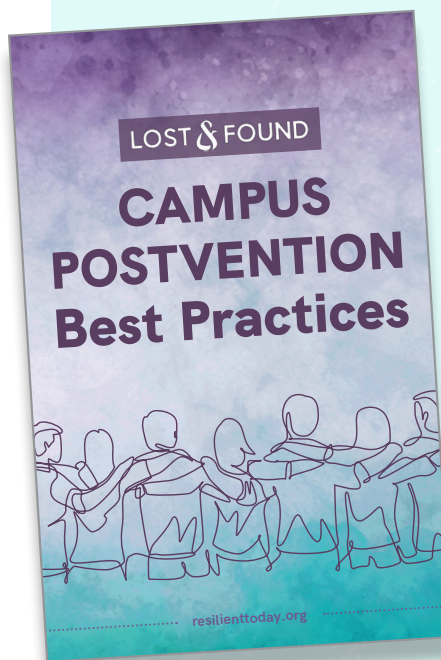
Guide helps campuses address suicide loss

As our mission implores us to do, in 2023 we started “doing more” to support college campuses facing a suicide loss.

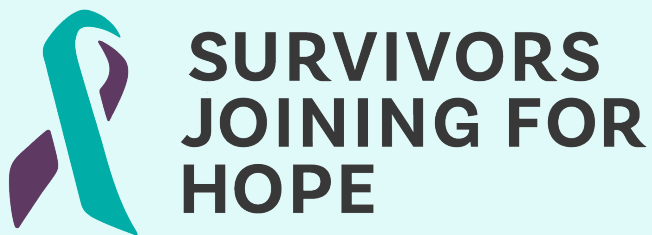
As our team jumped into action to support a S.D. college campus that experienced multiple suicides in one semester, we realized that some of the resources that schools desperately need after a suicide didn't exist. While researchers have developed comprehensive toolkits to support the work of postvention policy for K-12 schools, college campuses, and workplaces, we learned that these toolkits lack a simple action plan. Administrators needed clear, easy-to-implement guidance on how to develop postvention policies, and if the policies weren't yet in place, how to address and contain the crisis of a suicide death on campus. We used the best-practice materials to create the straightforward guide these schools needed to support their campus community and develop policies. This guide that we developed is called the Campus Postvention Best Practices Guide. The information itself is not new, just optimally formatted for clarity and ease of use.

The goal of our work through the HB1079 funding is to use and continue to improve this guide to help campuses find a starting point in the daunting task of developing a comprehensive suicide response plan. In 2024, we will continue to walk alongside campuses as they tailor these policies to their unique community needs. We are proud of the progress we have made thus far in filling this significant gap in services and look forward to reporting significant completed policy change across SD college campuses this year.

—**Dakotah Jordan**,
Education & Postvention
Manager



Would you like to review a copy of the guide? Email djordan@resilienttoday.org



SURVIVORS JOINING FOR HOPE

Program addresses need for suicide loss support

2023 marked the first full year of the Survivors Joining for Hope program being part Lost&Found.

Significant progress was made in spreading the word across the state. We shared information about the program by adding it to our tabling materials at campuses and conferences, as well as taking the opportunity to speak about the program on conference stages and within organizations.

We also made updates to our application to better determine the additional needs of our participants and started collecting more data on the impact our program was making. This year we served 13 families and provided \$30,446 in financial support for things such as funeral/cremation costs and lawyer fees. We helped participants find resources for additional needs such as rent assistance, utility assistance, diapers, lawyer services, housing, counseling, peer support groups, medical expenses and more. One hundred percent of participants surveyed reported that this program reduced financial stress, was a source of support, and lifted their spirits during their time of loss.

We continue to work on how to make this program sustainable for the long term. To support staffing costs, we are still using the community health worker grant funding from the state of South Dakota that helped us get this program off the ground, but that funding runs out in May 2024. We have submitted our application to Medicaid to reimburse the services of this program. We are hopeful that this process will allow us to continue helping those with the most critical needs across our state.

To support the financial assistance fund, we received funding from the Sioux Empire United Way and the Center for Disaster Philanthropy. An endowment fund to support SJ4H has also been started through the South Dakota Community Foundation, which includes a matching challenge with a time period of two years.

—**Dakotah Jordan**, Education & Postvention Manager

Education efforts spread beyond college students

In 2023, we responded to a tremendous opportunity to expand our efforts, primarily through educational presentations and training.

While Lost&Found’s education work previously focused on college student audiences, in 2023 we were invited to expand our education into K-12 schools, to campus administrators, at workplaces, and to community groups.

We teach a variety of topics that relate to mental health awareness, resources, how to take care of yourself, how to care for others, and how all these things work together to further suicide prevention across our state.

Additionally, we can now offer three nationally recognized suicide prevention trainings; **Question, Persuade, Refer (QPR)**, **Conversations on Access to Lethal Means (CALM)**, and **Adult Mental Health First Aid**. Congrats to Carrie Jorgensen and Dakotah Jordan for completing this important education.

To continue to respond to this need for education, our staff has expanded. Dakotah Jordan was promoted to Education and Advocacy Manager in August 2023, and our new Community Prevention Advisors on the Student Programs team have and will continue to take on the responsibility of offering presentations and training in the regions/campuses they serve.

Of course, they also continue to serve college students. Senior Prevention Specialist Corey Kennedy shared one highlight of his work this year: “Lost&Found is now a part of the General Studies Curriculum at BHSU. This last semester we taught 15 classes with 300 students in attendance. I have trained our student mentors to teach our mental health material, and we had three Lost&Found Peer2Peer mentors in the classroom teaching. It was amazing to watch.” —**Dakotah Jordan**, Education & Postvention Manager



Corey Kennedy trained Black Hills State University staff and faculty on two days in late July. Twenty-six people attended. “We discussed how to actively listen to students, what mental health is, how to notice when students are struggling, and what to do,” Kennedy said.

Project shows how stories can prevent suicide

Thirty powerful stories of resilience in the face of mental health or suicide-related challenges were shared each day of National Suicide Prevention Month in September as part of the third year of Lost&Found's 30 Days, 30 Stories project. The theme for 2023 was "Storytelling Is Suicide Prevention."

The focus was on the power of stories "to heal, to connect people, and to bring about change," according to Heidi Marttila-Losure, Lost&Found's Director of Communications. "In our work, we often cite the statistics of suicide in South Dakota, which are dire—for example, 202 people died by suicide in South Dakota in 2021, and it's the leading cause of death in South Dakota for those ages 10 to 34. But numbers alone typically don't inspire action. Stories do."

Each story was released on 30stories.org as well as on Lost&Found's social media platforms and includes a written story, photos of the storyteller, and a video. Storytellers speak about their own experiences, what resources helped them, and how they'd like to see the mental health care system or society in general improved to prevent or address situations like theirs.

Storytellers included people from a variety of backgrounds from all over South Dakota, as well as a few from beyond its borders. "We were pleased to have more storytellers from West River this year," Marttila-Losure said.

Four episodes of Lost&Found's podcast, Great Minds with Lost&Found, were also scheduled as part of the project.

Lost&Found partnered with 4Front Studios in Sioux Falls and NorthStar Productions in Rapid City for the photo and video production of the project.

Lost&Found started the #30Days30Stories project in 2021. These stories have reached an impressive number of people through social media channels and also yielded insights on the empowering possibilities of storytelling.

Marttila-Losure encourages people to go back and listen to the stories, if they missed them in September, or to experience them for the first time. "I can almost promise they will affect you and the way you see the world. Gratitude, empathy, and the motivation to change things for the better are possible reactions. That's the power of stories."

Find the stories at 30stories.org.



Learning conversations at the heart of Great Minds podcast

"Welcome to Great Minds with Lost&Found, the podcast that connects people and reimagines systems to improve mental health for youth and young adults."

Those are the words host Joel Kaskinen used to introduce the 11 episodes of the Great Minds podcast that Lost&Found produced in 2023. Topics highlighted Lost&Found's programs, the work of our partners, and stories from people working to improve their own mental health and the mental wellness of others. Find links to all episodes at <https://resilienttoday.org/category/podcast/>.



Creating Social Infrastructure with Mental Health in Mind with Sarah VanVoorst



Supporting Survivors of Suicide Loss with Dakota Jordan



Advocacy, Education, and Peer Support Programs with Melissa Renes



The Impacts of Trauma and Violence on Mental Health with Michelle Trent



A Look at Global Suicide Prevention with Young SE Asia Initiative Fellows



How Leadership and Organizational Culture Foster Positive Mental Health with John Meyer



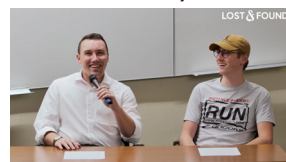
Mental Health Policy and Advocacy with State Representative Linda Duba



Storytelling and Mental Health with Heidi Marttila-Losure



Sharing the Need for Support in the Black Hills



The Story of Suicide Prevention Action in South Dakota (recorded at USD)



How a Run Is Changing Lives with the 437 Project (recorded at Remedy Brewing)

STUDENT PROGRAMS

Three resilience-building programs serve students



The Peer2Peer Mentoring Program connects trained student mentors with students who could use extra support as they navigate college life.

In Spring 2023, the Peer2Peer Mentoring Program was available at South Dakota State University, the University of South Dakota, Augustana University, Black Hills State University, Western Dakota Technical College, and South Dakota School of Mines and Technology.

By Spring 2023, we had trained 50 peer mentors and matched them with 61 mentees. We expanded the P2P Mentoring program to Southwest Minnesota State University in Fall 2023. Across all universities, by the end of the Fall 2023 semester, we had trained 48 peer mentors and matched them with 72 mentees.

Additional campuses have expressed interest in implementing the Peer2Peer Mentoring program. We plan to expand to Northern State University, Lake Area Technical College, Mount Marty, and the University of Minnesota – Twin Cities (just to name a few) in 2024. —**Carrie Jorgensen**, Student Programs Manager



PEER2PEER MENTORS SHARE WHY THIS PROGRAM MATTERS

In an interview with Student Programs Manager Carrie Jorgensen, two mentors in the Peer2Peer Mentorship program at South Dakota State University addressed why this program is needed on college campuses:

Jenny Sengchanh (pictured at right in right photo, with her mentee, Kaylah R.): "This program is needed on college campuses because college can be stressful and is a moment in life where you are dealing with a lot of change."

Jae Hanks (pictured above left): "I know as a freshman I was very overwhelmed with moving away from home, adjusting to college classes, and trying to make friends. This program helps ease that transition, introduces freshmen to more people, and gives them an opportunity to have a friend that can help with study tips, mental health tips, and anything else they may need. I would've loved to have this program when I was a freshman, and I think it is an extremely beneficial option for any student to use!"

Read the full interview: resilienttoday.org/mentors-share-what-peer2peer-means-for-them/



Quite a few hardy souls attended the Augustana chapter's Run for Our Lives 5K in Sioux Falls on April 15 despite cold temperatures and rain at the end of the run. It was one of three events planned in April, but one (in Mitchell) was canceled due to weather. A 5K was held in Vermillion April 22.



Campus Lost&Found Chapters are student-led groups that focus on developing a sense of community at their campuses.

All students are welcome to join their campus-based Lost&Found chapter to learn about mental well-being, connect with other students, and be accepted for who they are.

Students also learn about resources available in their communities and on their campuses.

The following schools had a Lost&Found Chapter in 2023: Augustana University, Black Hills State University, Dakota Wesleyan University, South Dakota State University, University of South Dakota, University of South Dakota-Sioux Falls, University of Minnesota – Twin Cities.

Several campus chapters focused on planning and implementing 5K fundraisers in Spring 2023. The South Dakota State University chapter hosted their 3rd Annual Zumbathon.

Campus chapters focused on student engagement during the Fall 2023 academic semester. Each chapter hosted monthly activities focused on education, creativity, self-care, and connecting with fellow students. —**Carrie Jorgensen**, Student Programs Manager

The L&F Advocates program trains students to better understand and care for their own mental health, equips students with tools for resilience and advocacy, and reduces the stigma of mental health in their campus communities.



This program is available to all students at any school partnered with Lost&Found. Students who sign up for this program are assigned a cohort and expected to attend four learning sessions led by a Lost&Found staff member. Fourteen students actively participated in the Lost&Found Advocates program in Spring 2023. Six students completed all four sessions. In Fall 2023, seven students participated in this program with six attending all learning sessions.

Looking forward to 2024: The Lost&Found Advocates program will be revamped in 2024, removing the cohort component. Our goal is to make this program more accessible to student participants, allowing them to learn at their own pace.
—**Carrie Jorgensen**, Student Programs Manager

Through House Bill 1079, the South Dakota State Legislature and Department of Health have demonstrated support for Peer2Peer Mentoring and Campus Chapters. These two programs focus on teaching students how to support one another in healthy, developmentally appropriate ways. Students are able to use the skills learned through Lost&Found programming as they enter the workforce and become more active members of their communities.



LEFT: Lost&Found's SDSU chapter hosted a Zumbathon on April 22. The event also included a recognition event for graduating seniors.

BELOW: Black Hills State University was one of five universities across the state to host events recognizing the students who bring L&F programs to life.



ReachU app connects mentor-mentee pairs

The Lost&Found student programming team has been working with ReachU, a technology company developing products for nonprofits, to develop a companion mobile app for the Peer2Peer Mentoring Program. Current functions within the app allow participants to:

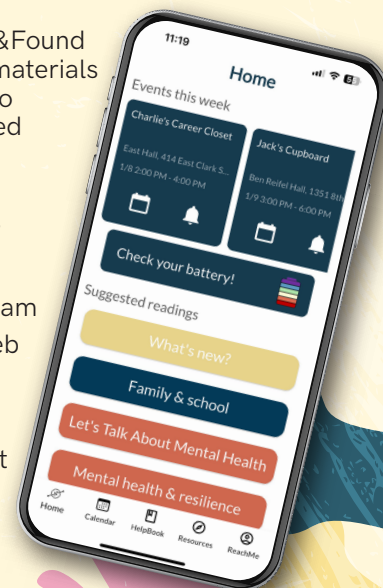


- create personal profiles seen by their paired mentor/mentee
- schedule meetings with their mentor/mentee and Lost&Found staff
- access resources
- view upcoming campus-based events
- read articles regarding mental well-being
- complete a "battery check" in order to promote self-insight and emotional regulation

The app will be piloted with participating students at South Dakota State University and the University of South Dakota during the Spring 2024 semester. Development of the ReachU app will continue and focuses on adding the following functionality in 2024:

- Messaging capabilities within the app between Lost&Found staff, mentors, and mentees
- Features to accommodate students learning from a distance
- Accessibility to Lost&Found Advocates learning materials that allow students to complete a self-paced "learning journey"
- Central hub for Lost&Found campus chapters to access resources and communicate as a team
- An administrative web portal to facilitate program operations including user and content management

ReachU and Lost&Found will continue to expand the deployment of the app throughout 2024, beginning with currently supported South Dakota schools.



Small team tackles big, meaningful projects

The mission of Research & Evaluation Services is to bridge the gap between research and implementation to improve wellbeing within the area we serve.

In 2023, our Research and Evaluation team dove into exciting work on a variety of projects within L&F and with partners who share a common vision.

In the spring, we started to collate a monthly newsletter called the **Resilience News Review** (RNR). It features articles on current trends and research findings in mental health, higher education, and suicide prevention & postvention. The RNR is shared with L&F staff and board members in an accessible format and allows them to stay atop the latest discoveries that are relevant to them.

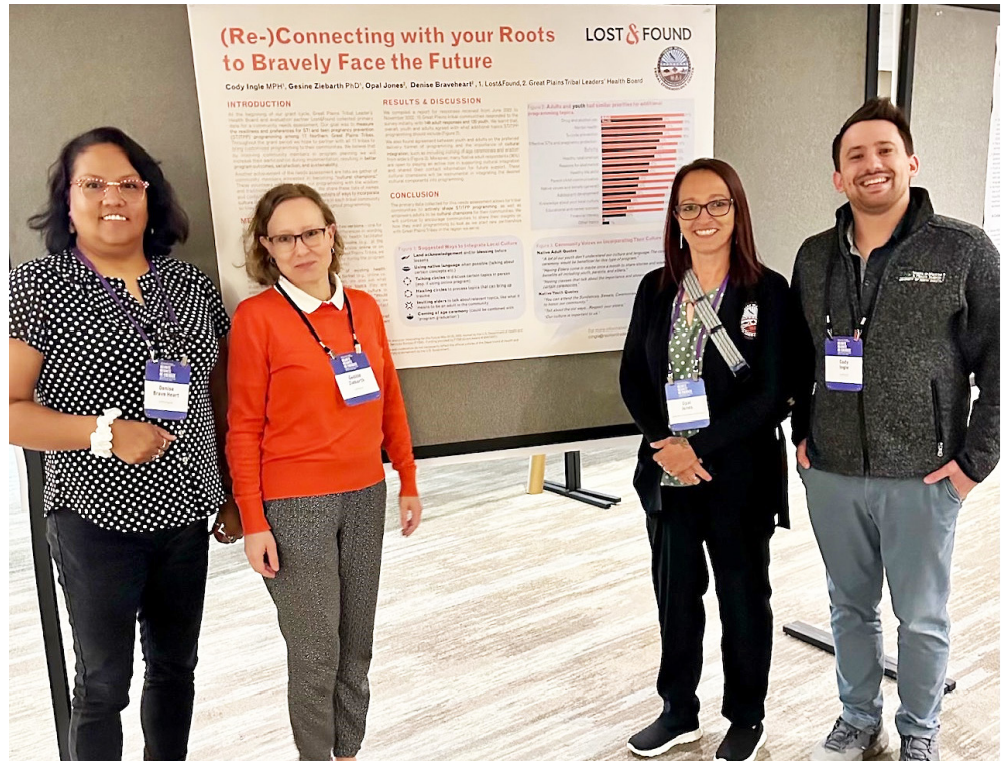
The **Campus Resilience Index** (CRI), a tool we created to assess the suicide prevention capacity of campuses and their communities, is now supported financially by the South Dakota Department of Health. Its application has started at three West River campuses.

We have also been busy serving our partners. The Sexually Transmitted Infections and Teen Pregnancy Prevention Initiative (STITPPI), a five-year Tribal PREP grant awarded to Great Plains Tribal Leaders Health Board by the Department of Health and Human Services, is now in its third year and in the implementation phase. We are collecting and analyzing data to evaluate the program's processes and outcomes in collaboration with seven Great Plains Tribes.

We continued our evaluation work with three 21st Century grants awarded to Volunteers of America, Dakotas, that foster academic and social-behavioral progress through afterschool programs.

Evaluation work on the Little Navigators Program, which was developed by the Compass Center to support preschoolers at risk of abuse, is in its second year. The work is supported by a Bush Foundation grant. Evaluation data suggests great success thus far.

We have forged a new partnership with Community Action for Veterans (CAV). Gesine collaborated with CAV's



ABOVE: Senior Research & Evaluation Specialist Cody Ingle (right) and Research & Evaluation Manager Gesine Ziebarth (second from left) along with partners from the Great Plains Tribal Leaders' Health Board, Denise Brave Heart (left) and Opal Jones, presented a poster in Atlanta at the Adolescent Pregnancy Prevention Grantee Conference hosted by the Family & Youth Services Bureau.



LEFT: Research & Evaluation Manager Gesine Ziebarth and Jill Baker, CEO of Community Action for Veterans, at the CDC Foundation reverse-site visit in Atlanta where grantees shared their projects and lessons learned.








executive director Jill Baker on an evaluation capacity-building grant awarded by the CDC Foundation and an assessment of women veteran's needs and preferences supported by the Sioux Falls Area Community Foundation.

Beyond these projects, we also attended several regional and national conferences and shared our work at some of them.


Our goals for 2024 are to continue with or complete the work started last year, develop new strategic partnerships for research and evaluation support, bring the Campus Resilience Index to several more campuses, attend and present at regional and national conferences, and keep advancing our skills. We also strive to continue our work in becoming a regionally recognized source of actionable, evidence-based mental health and prevention information for the population facing the most risks for suicide (ages 10-34).

—**Gesine Ziebarth**, Research & Evaluation Manager

LOST & FOUND 2023 SOCIAL MEDIA STATS

		Posts	Impressions	Engagements	Followers
Facebook 	2021	151	147,746	28,321	4,377
	2022	149	149,688	28,328	4,826
	2023	229	133,321	15,075	5,055
Instagram 	2021	299	2,029,659	1,739,436	3,393
	2022	125	2,600,000	1,870,000	4,422
	2023	201	121,240	82,759	4,211
Twitter 	2021	192	129,559	2,034	366
	2022	146	112,146	2,468	464
	2023	155	70,491	1,279	494
LinkedIn 	2021	24	11,300	292	893
	2022	50	30,634	2,728	1,310
	2023	102	35,887	1,001	1,497
Podcast 	Episodes	Plays	All-Time Plays		
	2021	4	148	-	
	2022	12	283	431	
2023	11	158	N/A	N/A	
YouTube 	Videos	Views	Impressions	Subscribers	
	2021	9	453	3,781	37
	2022	49	2,350	20,778	67
2023	46	4,969	29,500	84	
Email 	Emails	Deliveries	Views	Subscribers	
	2021	4	1,978	909	397
	2022	7	4,198	2396	924
2023	14	12,034	4377	1080	


2023'S TOP CONTENT



Top FB post of the year:
August 17, 2023
 7,893 Impressions
 7,161 Reach
 251 Reactions
 45 Comments • 8 Shares




Top IG post of the year:
September 6, 2023
 3,776 Impressions
 2,823 Reach
 3,374 Plays
 92 Likes • 4 Comments



Top tweet of the year:
February 7, 2023
 15,449 Impressions
 78 Engagements
 43 Favorites • 3 Replies
 25 Retweets



Top LinkedIn post of the year:
March 1, 2023
 5,353 Impressions
 169 Likes
 9 Comments • 9 Shares



Top YouTube video of the year:
October 1, 2022
 459 Views (in 2023)
 5 Likes (in 2023)

Weiland and Portz are 2023 award recipients

Lost&Found gives two awards each year: the Spirit of Resilience Award, which recognizes someone who has shown a commitment to improving resilience in their community, and the DJ Crawley-Smith “Doing More to Prevent Suicide” Award, which honors someone who, like the award’s namesake, works to prevent suicide among college students.

Walter Portz of Sioux Falls, S.D., received the 2023 Spirit of Resilience Award, and Caleb Weiland of Beresford, S.D., was given the 2023 DJ Crawley-Smith Doing More to Prevent Suicide Award. The awards were presented at the Make Your Mark on Mental Health event in November.

DJ Crawley-Smith “Doing More to Prevent Suicide” Award – Caleb Weiland, Honoree



Here’s what Lost&Found Director of Development Erin Bosch said when presenting the award:

“The DJ Crawley-Smith Doing More to Prevent Suicide Award is an honor that will be given to a student volunteer who has gone above and beyond to help to keep students safe and to promote Lost&Found’s vision of ‘no more suicide,’ in the same audacious spirit of ‘doing more’ that DJ channeled to create

Lost&Found.

“This year the recipient of that award is Caleb Weiland. Caleb, as a former SGA President at the University of South Dakota and former President of the South Dakota Student Federation, took a substantial role in organizing student perspectives and voices into the passage of House Bill 1079—a \$2 million appropriation for youth and young adult suicide prevention programs in South

Dakota. Alongside Lost&Found leadership, Caleb testified and advocated for 1079, whipped votes, and helped students share their personal experiences with the 105 members of the South Dakota Legislature. Caleb, simply put, ‘did more’ than was expected of him to make mental health and prevention resources accessible and available to students in South Dakota for years to come.”

4th Annual Spirit of Resilience Award – Walter Portz, Honoree

Here is what speaker Ivy Oland Dandar said about Walter Portz when introducing him as keynote speaker:

“Walter Portz is not just an artist; he’s a visionary, a skatepark advocate, a community advocate, and a photographer with two decades of professional experience at Studio Blu Photography. His journey through the world of art has been nothing short of extraordinary.

“Walter’s artistic exploration is as diverse as it is profound. From photography to painting, from paper art to spray paint, from collage to AI art, and beyond, Walter’s creative journey knows no bounds. He dives into a myriad of art forms with passion and dedication.

“But what truly sets Walter apart is the raw honesty and vulnerability he brings to his art. His work often serves as a poignant expression of grief, loss, and the mental health challenges many of us face. Through his creations, he encourages an open dialogue, reminding us that it’s okay to experience the depths of human emotions.

“For Walter, art is not just a medium of expression; it’s a lifeline, a form of therapy, and



a means of healing. During a significant mental health episode, from December 2021 to July 2022, he poured his heart and soul into his art, creating thousands of iterations that delved into the complexities of his own journey and mental health.

“But he didn’t stop there. In September of that same year, he embraced artificial intelligence as a tool to further explore the themes of mental health, not with the intention to commercialize his art, but as a therapeutic method for self-healing.

“Walter’s journey is a testament to the transformative power of art.”

A few words from Walter Portz’s keynote:

“I would challenge us all in this room to make real, lived experiences, for ourselves and those around us, to truly experience life. To experience community. To find joy in the making and togetherness. To stand up to the apathy we’ve all come to embrace and make something. ... Not via text or social post. Celebrate life in the real. The act of making is our key. It saves me daily, and it saves us together.

... Be intentional. Be creative. Be bold.
Have fun. and Be Kind.

For we are all lost at sea. And even the thinnest lifeline can be all we need.”

Erin Bosch added this when presenting the award:

“This year, the recipient of the 2023 Spirit of Resilience Award is Walter Portz. Walter was selected by Lost&Found leadership this summer after reviewing his community contributions through the lenses of Resilience for Self—self-care and training—Resilience for Others—connecting people with necessary resources for care—and Resilience for Community—making the broader community

a better place for achieving improved mental health.

“Walter was selected for his continuous openness in sharing his mental health experiences with others, his generosity of spirit in sharing free and low-cost subscriptions of comprehensive estate planning tools—Helen’s Plan—with suicide loss survivors through Lost&Found, and his commitment to sharing art and expression as a tool for navigating mental health conditions and grief.”

Lost&Found receives Bush Prize, with an award of \$185,000

Lost&Found is one of two South Dakota recipients of the 2023 Bush Prize, a prestigious award honoring nonprofits in North Dakota, South Dakota, and Minnesota. The Bush Foundation funds the awards, and the South Dakota Community Foundation administers the South Dakota award program. Lost&Found received \$185,000 to support its work after the award was announced in October.

“To receive the Bush Prize for Community Innovation is the ultimate recognition and validation of Lost&Found’s deep commitment to meeting community needs in South Dakota,” said Lost&Found Executive Director & CEO Erik Muckey. “This is a tremendous honor for our staff, our Board of Directors, the communities we serve, and above all, the thousands of young adults in our state who have made mental health and suicide prevention a priority in our state.”

Forty-eight nonprofits applied for the award in South Dakota; four were chosen as finalists, and two, Lost&Found and Black Hills Special Services Cooperative, won the award.

“We are thrilled and honored to have the opportunity to recognize both Black Hills Special Services Cooperative and Lost&Found for their innovative efforts to improve the lives of those they serve,” said Stephanie Judson, SDCF President & CEO, in a news release on the SDCF website. “Both organizations offer resources and diligently pursue solutions that benefit individuals and their families.”

The Bush Prize honors nonprofits “that are highly valued within their communities and have a track record of successful community problem solving,” according to the news release. “It’s a recognition of the transformational impact these organizations are having throughout MN, ND, SD and the 23 Native nations that share that same geography. Bush Prize winners have a drive to bring communities together to think bigger and differently about their approach to solving problems in innovative and collaborative ways.”

Celebrating Impact SDCF Awards Bush Prize: South Dakota

2 Winners: \$685,000
2 Finalists: \$20,000

BUSH PRIZE: SOUTH DAKOTA
SDCF is proud to partner with the Bush Foundation to award the Bush Prize: South Dakota, an award that celebrates nonprofit organizations that are highly valued within their communities and have a track record of successful community problem-solving.
Bush Prize: South Dakota award amounts are up to 25% of an organization's last fiscal year expenses, up to \$500,000. Finalists also receive a grant in recognition of their time. Bush Prize: South Dakota awards are flexible and can be used for building reserves, testing innovative ideas or supporting whatever will aid the organization's ongoing work.



BHSS staff support educational activities across the state and are a national leader among regional school cooperatives.

After carefully reviewing 48 applications, SDCF awarded the 2023 Bush Prize: South Dakota to two outstanding South Dakota nonprofits - Black Hills Special Services Cooperative (BHSSC) and Lost&Found Association.

For over 40 years, BHSSC has proven itself as an innovative organization with a track record of success. BHSSC practices innovative and collaborative processes in several ways in their work with schools and families across South Dakota. They provide specialized educational services and resources to cater to the unique learning needs of students and

Winners

- Black Hills Special Services Cooperative \$500,000
- Lost&Found \$185,000

Finalists

- Dakota Resources \$10,000
- LifeScope \$10,000

families in the Black Hills region as well as across the state.

“If our schools and families are working together, then our students will be more successful,” said Dr. Pam Lange, BHSSC Deputy Executive Director. “BHSSC directly serves 12 school districts and also has a statewide reach which includes South Dakota’s nine native nations.”

BHSSC works through challenges in reaching South Dakota’s rural communities and customizes their work for each community. “We don’t have a one-size-fits-all offering, and we look at the unique individual needs of each and every community we serve,” said Lange.



Lost&Found staff and the Sioux Falls Chamber of Commerce at the ribbon cutting of Lost&Found’s downtown office space.

Lost&Found advocates for mental health awareness and provides resources for individuals facing mental health challenges, reducing stigma, and connecting people with vital support. As a nonprofit, they demonstrate innovation through their data-driven and collaborative work with colleges across South Dakota, which has included developing and deploying a Campus Resilience Index as a planning tool, guiding a student-to-student mentorship program and

coming soon a mobile app as a peer support tool for the digital age.

“The leading cause of death among South Dakotans under the age of 29 is suicide, and that is a new statistic within the last three years. So not only is the work we do critical, but to receive this funding has been a critical lifeline to us as an organization to be able to sustain and grow our programs,” said Erik Muckey, Lost&Found CEO/Executive Director.

“We’ve been at the forefront in many ways of trying to fill the gaps in mental health needs. The position we are in as an organization is really impactful at a time when it is needed most, and we feel very grateful to be doing the work we do,” said Muckey.

Both BHSSC and Lost&Found are making an impact on South Dakota to ensure South Dakotans, and are thankful for the shared connection they have with SDCF.

Nonprofit Savings Account Grants Future Support for Nonprofits

3 Grants
\$60,000 Awarded

NONPROFIT SAVINGS ACCOUNT GRANTS

SDCF is committed to strengthening nonprofits in our state. The Foundation recognizes the value of committed staff and volunteers along with the importance of consistent funding. SDCF partners with their supporters in building endowed funds, supporting their mission for years to come.

These challenge grants will create new designated funds for each of the successful applicants.

An added benefit of this program is that administrative burdens are removed from nonprofits. SDCF handles all donor contribution receipts, commingles purposes and completes all necessary tax filings and audits.

Organizations are selected for a Nonprofit Savings Account (NSA) challenge grant through a competitive application process and will receive \$1 from SDCF for every \$4 raised, up to \$20,000.

Visit SDCommunityFoundation.org/Grants to learn more and/or apply. Applications are accepted online anytime throughout the year.

2023 NSA Grant Recipients:



The South Dakota Community Foundation featured Bush Prize winners, including Lost&Found, in its 2023 Annual Report.

2023 DONORS

We deeply appreciate the more than 250 generous donors and organizations who supported Lost&Found in 2023.

FOUNDATION & NONPROFIT GRANTS

- Brookings Empowerment Project
- Bush Foundation
- Center for Disaster Philanthropy
- Longley Foundation
- PFund Foundation
- RBC Foundation
- Sercl Family Fund of the Sioux Falls Area Community Foundation
- Sheldon F. Reese Foundation
- Sioux Falls Area Community Foundation
- South Dakota Community Foundation
- South Dakota Humanities Council

GOVERNMENT GRANTS

- "Great Plains Tribal Leaders' Health Board"
- South Dakota Department of Health

MAJOR GIFTS (\$5,000 or more)

- Anonymous Fund of SFACF
- Avera Health
- Bill & Susan Sands
- Buckeye Corrugated Inc
- First Bank & Trust
- First Interstate Bank
- Gesine and Jon Ziebarth
- Ken & Mary Pat Duncan
- Marsh & McLennan Agency
- Midland National Life Insurance
- Sanford Health
- Steve Wellington
- Thrivent South Dakota Plains Region

BUILDER GIFTS (\$1,001-\$5,000)

- 4Front Studios
- Addie Graham-Kramer
- ARS, a Tecta America Company, LLC
- Dakota State University Foundation
- Doug Sager
- Ericka Waterman
- Erik Muckey
- First National Bank Sioux Falls
- Forward Counseling, LLC
- Jeremy Bill
- Koch Hazard Architects
- Laura Arnett
- Natalie Eisenberg
- Phoenix School Counseling
- Phyllis Noteboom
- Tom & Lisa Parker
- Central Valley Dairy Supply

Make Your Mark Gala raises \$60,000

Lost&Found held its third-annual Make Your Mark on Mental Health Gala on Nov. 17 at The District in Sioux Falls. The event featured a meal, an art auction, and a program that highlighted Lost&Found's work in suicide prevention and postvention. Ashley Thompson and Mitchell Olson of Keloland Living (pictured at right) emceed the event, and keynote speakers were Ivy Oland Dandar and Walter Portz.

The event had double the attendance of the previous year, and through the generosity of the attendees, \$60,000 was raised through ticket sales, donations, and proceeds from the art auction.



FOUNDERS CLUB MEMBERS

These donors make an annual \$100 – \$1,000 donation to Lost&Found.

- Teri Abel
- Susan Abrahamson
- Nancy Alderton
- George Allen
- Cathy Anderson
- Gladys Bahnsen
- Diane Bauch
- Linda Bauer
- Lisa Beacom
- Mary Becker
- Deb Behrend
- Julie Best
- Darla Biel
- Lora Black
- Dar Blanchard
- Melanie Bliss
- Erin Bosch
- Sarah Bowen
- Dennis Breske
- Katie Brown
- Luke Buffington
- Connie Burrer
- Jenny Bye
- Jody Byre
- Margaret Carmody
- Sheri Carmon
- Anshu Chandra
- Gina Cole
- Jerry Cook
- Jeb Cooper
- Molly Daniel
- Kim Davis
- Teresa DeBoer
- Dawn Degen
- Gail Deibert
- Betty DeJong
- Gina Delabarre
- Angela Drake
- Linda Duba
- LaDawn Dykhouse
- Tamien Dysart
- Barbara Eager
- Linda Ellwein
- Shannon Emry
- Candy Engelland
- Arlene Epp Pearsall
- Shirley Erickson
- Nancy Fallon
- Karen Farus
- Debbie Fiedler
- Sandy Fischer
- Kristy Flora
- Jerilyn Floyd
- Carol Flynn
- Jenn Folliard
- Susan Froehlich
- Susanne Gale
- Marilyn Gannon
- Lisa Gerner
- Angie Glasser
- Bergen Graff
- Linda Graves
- Katie Gray
- Christy Green
- Nicole Gronli
- Jean Hajek
- Mary Halseth
- Chad Hansen
- Debra Harlan
- Janine Harris
- Alexander Haverly
- Jane Healy
- Brad Hearst
- Jenny Hefty
- Gita Hendricks
- Pat Herman
- Helen Hermanson
- Jean Hicks
- Liz Hiemstra
- Peter Hoelsing
- Richelle Hofer
- Judy Hoff
- Lorie Hogstad
- Marlys Hohman
- Kathryn Hoskins
- Marie Hovland
- Cindy Huether
- Angie Hummel
- Jean Hylland
- Anna Hyronimus
- Cody Ingle
- Dawn Jensen
- Donna Jipp
- Lisa Johnson
- Collette Johnson Bliss
- Dakotah Jordan
- Peggy Kapusta
- Laura Karn
- Joel Kaskinen
- Susan Keithahn
- Sherrey Kellogg
- Korena Keys-Bergstrom
- Kira Kimball
- Michele Kleinwolterink
- De Knudson
- Kelli Koepsell
- Karen Koob
- Heather Krause
- Pamela Kreber
- Kevin Kroeze
- Susan Kroger
- Paula Kruetzfeldt
- Kyle Kunde
- Jennifer Larsen
- Nickole Larson
- Abby Lauer
- Kim Lawrenz
- Donna Lessnau
- Gary and Mary Lewis
- Craig and Pat Lloyd
- Michele Lohr
- Brenda Ludens
- Jacqueline Lund
- Micki Lundin
- Craig Markhardt
- Ryan Martin
- Heidi Marttila-Losure
- Kacey McCarthy
- Bonnie McCleerey
- Wendy McDonnel
- Toni McEntee
- Anne Rieck McFarland
- Sandra Melstad
- Vicki Menke
- Julie Mickelberg
- Kelly Middlebrooks
- Jill Mockler
- Harriet Monson
- Karen Myers
- Rachele Norberg
- Jana Norby
- Jenny Noteboom
- Amy Notermann
- Charisse Oland
- Ivy Oland Dandar
- Mary Olinger
- Michele Olsen
- Joan Olson
- Betty Ordal
- Beth Ormseth
- Jena Page
- Kari Palmer
- Tom & Lisa Parker
- Jeff Paulsen
- Karen Pekas
- Dan Pettis
- Patty Pharis
- Gavin Pochop
- Walter Portz
- Ash Prince
- Daniel Quinn
- Marianne Radtke
- Shireen Ranschau
- Catherine Rasmussen
- Miles Rausch
- Emily Raymond
- Kade Rexwinkel
- Fran Rice
- Lois Roelofs
- Mari Rous
- Erica Sabers
- Maureen J. Sage
- Kim Schetnan
- Ann Schiltz
- Pat Schlimgen
- Angela Schoffelman
- Ann Scoular
- Joan Sercl
- Barsha Shah
- June Shields
- Sandy Slunecka
- Patrick Smith
- Pam Sorensen
- Jeff & Shannon Soule
- Jason Spicer
- Dawn Stenberg
- Soren Stevenson
- Vicki Stewart
- Teresa Stillson
- Anna Stritecky
- Nancee Sturdevant
- Anna Suckow
- Trish Swanhorst
- Gail Swenson
- Sadie Swier
- Tiffany Taylor
- Keith Thompson
- Linn Thygeson
- Kathy Trankle
- Cecily Tucker
- Jo Turgeon
- Nancy Van Heerde
- Crystal VanWyhe
- Darcy Vlk
- Matthew Vogel
- Julie Waage
- Corliss Wahl
- Jo Wahle
- Doris Waldschmidt
- Teresa Ward
- Kyle and Lori Weiss
- Stacy Weller
- Dani Wermedal
- Susan Werth
- Vickie Wilbur
- Mark and Michelle Winters
- Carol Woltjer
- Katrina Yde



FINANCIALS

Dec. 31, 2023 Dec. 31, 2022 Dec. 31, 2021 Dec. 31, 2020 Dec. 31, 2019

ASSETS

Current Assets					
Total Bank Accounts	121,278	30,359	70,628	75,960	13,875
Accounts Receivable	196,535	233,116	50,910	481	869
Other Current Assets	-68,648	-101,090	6,116	1,977	1,371
Total Current Assets	249,165	162,385	127,653	78,419	16,114
Total Fixed Assets	46,999	62,353	17,932		
TOTAL ASSETS	311,700	240,320	145,585	78,419	16,114

LIABILITIES & EQUITY

Liabilities					
Current Liabilities					
Accounts Payable	9,722	6,523	4,627	2,808	1,210
Total Credit Cards	8,460	4,863	4,946		
Other Current Liabilities	35,335	72,173	23,302	5,242	1,795
Total Current Liabilities	53,517	83,559	32,875	8,050	3,005
Long-Term Liabilities (PPP loan)	0	0	0	12,300	
Total Liabilities	53,517	83,559	32,875	20,350	3,005
Equity					
Net Assets	26,134	93,257	88,534	58,069	13,109
Net Income	232,050	173,244	24,176		
Total Equity	258,183	156,760	112,710		
TOTAL LIABILITIES & EQUITY	311,700	240,320	145,585	78,419	16,114

Jan-Dec 23 Jan-Dec 22 Jan-Dec 21 Jan-Dec 20 Jan-Dec 19

INCOME/EXPENSE

Revenues

Direct Public Support	252,625	523,424	232,300	180,560	36,120
Non-Government Grant Income	533,098	174,272	92,169	87,500	
Indirect Public Support	677	87	33	60	20,037
Government Grant Income	430,480	453,064	181,121		
Revenue from Gov't Agencies	3,300		8,000		
Revenue from Programming	57,754	26,740	10,618	500	
Investments	81	20	22	33	
Earned Revenue	61,749				

Total Revenues **1,284,823** **1,177,968** **524,263** **268,653** **56,157**

Expenses

Grants, Contracts & Direct Assistance	35,720				
Salaries & Benefits	842,028	719,580	343,291	149,997	17,595
Contract Services	153,868	121,739	52,849	36,955	20,291
Non-personnel Expenses	41,434	42,127	11,028	6,845	4,879
Facilities & Equipment	48,814	36,840	13,041		
Travel and Meetings	33,472	26,316	13,501	8,591	7,478
Other Expenses	55,109	65,132	31,422	15,644	2,629
Payments to Affiliates			4,208	5,660	5,000

Total Expenses **1,210,446** **1,022,067** **469,540** **223,692** **57,872**

Change in Net Assets **74,377** **155,900** **54,641** **44,961** **-1,715**

Totals may not add up exactly due to rounding.

A new year brings a new set of strategies for impact

Strategic planning. Those two words normally don't evoke great excitement. Strategic planning usually falls in the realm of topics not to bring up at a dinner party, and for many nonprofit leaders, strategic planning often leads to setting expectations, rather than goals, that end up on a shelf collecting dust.

Today, I get to prove this statement wrong.

I could not be more excited about Lost&Found's new strategic plan, because it is nothing of the sort!

Over the past year and few months, Lost&Found's staff and board leadership have collaborated to identify trends in youth and young adult suicide prevention, take a look at the world we live in, see what work we're capable of doing now, and cast a vision of why and how we can "do more" to prevent suicide and support loss survivors in South Dakota, Minnesota, and the surrounding region.

Created in close collaboration with staff, with careful attention to detail, and using an honest assessment of what we're capable of doing, Lost&Found's Board of Directors approved a new, five-year strategic plan

starting in January 2024. The plan, with more than 20 pages' worth of goals, objectives, and outcomes, gives our team the detail it needs to move forward and share its progress with supporters like you and the partners we work alongside.

More importantly, the new Lost&Found strategic plan communicates something important—*who we are and where we're headed*. What excites me is both the fine detail and the ways in which you, a believer in the mission of preventing suicide, can take part in the work of Lost&Found. The 2023-28 Strategic Plan helps us be the most effective we can be when youth and young adults and their families are depending on us to deliver programs that elevate resilience for everyone who encounters them.

What can you expect out of Lost&Found over the next five years?

- **We'll expand our regional program impact.**
- **We'll adapt our work to meet community needs.**
- **We'll work to build a resource-rich future for our mission.**
- **We'll communicate to connect, inspire, and amplify our mission.**
- **We'll work to strengthen state and local policies using our experience and expertise.**

You can see our values, how we work together, and why we're doing this work written all over this plan. In every word, paragraph, and page, I hope you'll see something that sets Lost&Found apart yet makes the team an effective collaborator and partner.

In every action we take, Lost&Found seeks to be a trusted, effective suicide prevention and loss survivor organization, focused on ages 10-34 and those who care for them, by focusing our attention on serving local communities and statewide entities—the places where prevention happens.

Whether you are encountering Lost&Found for the first time or have been one of our most consistent supporters, know that Lost&Found has set a course that will fundamentally change the way we approach suicide prevention in not just South Dakota, but around the country and even the globe.

As we've learned in 2023, we're not alone in the fight against youth and young adult suicide. Our work matters here and to people across the globe because we all are seeking the same thing—**hope**. —EWM

See a short form of Lost&Found's 2023-28 strategic plan at resilienttoday.org/wp-content/uploads/StrategicPlan2023-28.pdf





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